



Ka Ora, Ka Ako |
Healthy School Lunches programme



Healthy School Lunches Programme

MENU TERM 2 / 23



	Monday	Tuesday	Wednesday	Thursday	Friday
STANDARD MEALS	<p>HOT!! Teriyaki Chicken Pieces served w Rice</p> <p>Roasted Pumpkin & Broccoli</p>	<p>Pulled Pork Tortilla Wrap w Coleslaw Mayo & Carrot</p> <p>Fruity Pikelets w Jam Seasonal Fruit</p>	<p>HOT!! Chick'n Mac & Cheese Pasta</p> <p>Green Peas & Diced Carrots</p>	<p>Chicken, Spinach & Mayo Soft Wholemeal Roll</p> <p>Mud Cake Slice Carrot Sticks & Bean Dip</p>	<p>HOT!! Spaghetti & Meatballs w Tomato Sauce & Cheese</p>
VEGETARIAN SUITABLE	<p>HOT!! Teriyaki plan*t Chicken served w Rice</p> <p>Roasted Pumpkin & Broccoli</p>	<p>plan*t Chicken Tortilla Wrap w Coleslaw Mayo & Carrot</p> <p>Fruity Pikelets w Jam Seasonal Fruit</p>	<p>HOT!! plan*t Chick'n Mac & Cheese Pasta</p> <p>Green Peas & Diced Carrots</p>	<p>plan*t Chicken, Spinach & Mayo Soft Wholemeal Roll</p> <p>Mud Cake Slice Carrot Sticks & Bean Dip</p>	<p>HOT!! Spaghetti & Amaze-Balls w Tomato Sauce & Cheese</p>
HALAL SUITABLE	<p>HOT!! Teriyaki Chicken Pieces served w Rice</p> <p>Roasted Pumpkin & Broccoli</p>	<p>Chicken Tortilla Wrap w Coleslaw Mayo & Carrot</p> <p>Plant-based Pikelets w Jam Seasonal Fruit</p>	<p>HOT!! Chick'n Mac & Cheese Pasta</p> <p>Green Peas & Diced Carrots</p>	<p>Chicken, Spinach & Mayo Soft Wholemeal Roll</p> <p>Mud Cake Slice Carrot Sticks & Bean Dip</p>	<p>HOT!! Spaghetti & Amaze-Balls w Tomato Sauce & Cheese</p>

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STANDARD MEALS	HOT!! Roast Sliced Pork w Potato Mash & Gravy Roast Carrots, Broccoli & Apple	Roast Beef & Edam Cheese Wheatmeal Sandwich Carrot Sticks & Bean Dip Seasonal Fruit	HOT!! Beef Mince Cottage Pie served w Mixed Veges & Mashed Potatoes	Ham & Cheese Soft Round Bun w Spinach & Mayo Strawberry Blondie Slice Seasonal Fruit	HOT!! Beef Lasagne w Roast Potatoes, Tomato Sauce & Cheese
VEGETARIAN SUITABLE	HOT!! Mushroom & Grain Kofta w Potato Mash & Gravy Roast Carrots, Broccoli & Apple	Hummus, Sweet Peppers & Edamame Filled Sandwich Carrot Sticks & Bean Dip Seasonal Fruit	HOT!! Curried Bean Medley served w Mixed Veges & Mashed Potatoes	Pea & Feta Wrap w Smashed Runner Beans & Feta Strawberry Blondie Slice Seasonal Fruit	HOT!! Vegetarian Lasagne w Roast Potatoes, Tomato Sauce & Cheese
HALAL SUITABLE	HOT!! Chicken Pieces w Potato Mash & Gravy Roast Carrots, Broccoli & Apple	Chicken, Mayo and Coleslaw Sandwich Carrot Sticks & Bean Dip Seasonal Fruit	HOT!! Curried Bean Medley served w Mixed Veges & Mashed Potatoes	Chicken & Cheese Soft Bun w Spinach & Mayo Strawberry Blondie Slice Seasonal Fruit	HOT!! Baked Lasagne w layers of Pasta Sheets, Tomato Sauce & Veg w Roast Potatoes

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VEGETARIAN SUITABLE	<p>HOT!! Mushroom & Grain Kofta w Potato Mash & Gravy</p> <p>Roast Carrots, Broccoli & Apple</p>	<p>Hummus, Sweet Peppers & Edamame Filled Sandwich</p> <p>Carrot Sticks & Bean Dip Seasonal Fruit</p>	<p>HOT!! Curried Bean Medley served w Mixed Veges & Mashed Potatoes</p>	<p>Pea & Feta Wrap w Smashed Runner Beans & Feta</p> <p>Strawberry Blondie Slice Seasonal Fruit</p>	<p>HOT!! Vegetarian Lasagne w Roast Potatoes, Tomato Sauce & Cheese</p>
HALAL SUITABLE	<p>HOT!! Chicken Pieces w Potato Mash & Gravy</p> <p>Roast Carrots, Broccoli & Apple</p>	<p>Chicken, Mayo and Coleslaw Sandwich</p> <p>Carrot Sticks & Bean Dip Seasonal Fruit</p>	<p>HOT!! Curried Bean Medley served w Mixed Veges & Mashed Potatoes</p>	<p>Chicken & Cheese Soft Bun w Spinach & Mayo</p> <p>Strawberry Blondie Slice Seasonal Fruit</p>	<p>HOT!! Baked Lasagne w layers of Pasta Sheets, Tomato Sauce & Veg w Roast Potatoes</p>

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